

Procedure Details

The day before the procedure, you must be on clear liquids, all day.

NO Solid Foods or Dairy products the day before your procedure. No Red, Orange or Purple liquids.

Stay Hydrated

Diabetic Patients:

If you are a diabetic, it is important for you to monitor your blood sugar while doing the clear, liquid diet and bowel preparation. You should only take ½ of your usual dose of insulin and avoid metformin the day before your procedure. You should not take any diabetic medications on the morning of your procedure. Please be sure to check your blood sugar at home, at all meals, at bedtime and on the morning of your procedure.

You will be receiving sedation for this procedure and will need to arrange for transportation to drive you to and from the facility. Your driver must be 18 years or older. Your procedure can last anywhere from 20-35 minutes, give or take but plan on being there anywhere from 2-3 hours.

Medications:

7 days prior to your procedure stop all iron supplements. Supplements that contain iron, Aspirin (Baby/Low Dose 81mg Aspirin you CAN continue), NSAIDs such as Advil, Ibuprofen, Aleve, Motrin, Naprosyn, Celebrex, and Meloxicam. You may take **TYLENOL ONLY** if needed. Stop medications that are for diarrhea (Imodium, Kaopectate, Viberzi, etc.) 7 days prior to your procedure.

You will need to temporarily discontinue blood thinning medications prior to your procedure. The length of time to stop your medication depends on the drug you are taking, and we must receive a cardiac clearance from the physician that manages that medication for you such as a cardiologist, primary care physician, vascular physician, or neurologist.

Stop taking any Semiglutide or other forms of GLP-1 medications for a full 7 days prior to your procedure.

Procedure Fees

Please be aware that we are unable to discuss any fees other than the PHYSICIAN fee. We are not responsible for Facility, Anesthesia or Pathology quotes or charges. Payment for the PHYSICIAN fee is due 7 days before the procedure and is made directly to the office. The patient is responsible for contacting the facility regarding their payment responsibilities prior to the procedure.

Anesthesia Company

Metropolitan Anesthesia - Phone number: 800-411-7515
Insurances that they are out of network with: BCBS (outside of Texas), Medishare Plans, WEBTPA
Please contact Metropolitan to discuss network eligibility or any payment arrangements that may need to be made prior to your scheduled procedure.

OrthoMed Anesthesia – Phone number: 469-863-9978
This company is used at USMD of Arlington. You will need to confirm your own network status prior to the procedure. Please contact OrthoMed to discuss network eligibility or any payment arrangements that may need to be made prior to your scheduled procedure.

Please note, some facilities will utilize other anesthesia companies. You will need to contact the facility directly to find out which company is used and obtain their contact information.

Pathology Company

AmeriPath – Billing phone number: 800-890-6220
AmeriPath does recommend for all patients to contact their insurance companies prior to the scheduled procedure. Every insurance plan is different when it comes to pathology benefits. Please contact the phone number on the back of your insurance card to confirm that Ameripath is in network with your policy. Currently, we only work with Ameripath and are unable to offer any alternative options.

Gastroenterology Practice Associates

The physician fee for your procedure is due 1 week prior to the procedure and must be paid in full.

Failure to provide a 72-hour notice to cancel or reschedule, will result in a \$100.00 fee.

To discuss the physician fee, please contact our office at 817-468-7200.

SUFLAVE Instructions

Procedure Date: _____ Arrival Time: _____

Dr. Olufemi Abiodun

Dr. Ayodele Osowo

Dr. Sunbal Zafar

- Trinity Park Surgery Center: 3501 Matlock Rd. Arlington, TX 76015 P: 817-375-9370
- Baylor Surgicare at Mansfield: 280 Regency Parkway Mansfield, TX 76063 P: 817-453-2744
- Baylor Surgicare at Southlake: 905 E Southlake Blvd Southlake, TX 76092 P: 817-410-4300
- USMD at Arlington: 801 W. Interstate 20 Arlington, TX 76017 P: 817-472-3674 / P: 817-472-3460
- Methodist Southlake Hospital: 421 E State Hwy 114 Southlake, TX 76092 P: 817-865-4400 / P: 628-335-5910
- Baylor Regional Medical at Grapevine: 1650 W College St. Grapevine, TX 76051 P: 817-481-1588 / P: 817-329-2540

What You Cannot Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUFLAVE, unless instructed by your doctor.
- Do not take oral medications within 1 hour of starting each dose of SUFLAVE.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUFLAVE.

STAY HYDRATED – Stay on a clear, liquid diet

- Coffee and tea (no cream or non-dairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Lemonade
- Chicken Broth
- Popsicles (no red or purple)
- Carbonated Soft Drinks (Clear Only)
- Gatorade, Powerade, G

Note:

SUFLAVE is an osmotic laxative indicated for cleansing of the colon in preparation for a colonoscopy in adults.

Be sure to tell your doctor about all medicines you are taking.

Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of SUFLAVE

How to take SUFLAVE:

Day 1, Dose 1: Early Evening Before Your Colonoscopy

Start Dose 1 at 6:00 PM.

1. Open 1 flavor enhancing packet and pour the contents in 1 bottle.
2. Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all the powder has mixed well (dissolved). For the best taste, refrigerate the solution for an hour before drinking. Do not freeze. Use within 24 hours.
3. Drink 8 ounces of solution every 15 minutes until the bottle is empty.
4. Drink an additional 16 ounces of water before going to bed.

IMPORTANT: If nausea, bloating, or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.

Day 2, Dose 2: The Morning of Your Colonoscopy

Start Dose 2 Five (5) hours before your colonoscopy. Time: _____

1. Open 1 flavor enhancing packet and pour the contents in 1 bottle.
2. Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all power has mixed well (dissolved). For best taste, refrigerate the solution for an hour before drinking. Do not freeze. Use within 24 hours.
3. Drink 8 ounces of solution every 15 minutes until the bottle is empty.
4. Drink an additional 16 ounces of water during the morning. Ending at least 2 hours before your procedure.

If you need to cancel or reschedule, you must provide a 72-business hour notice.

Failure to do so will result in a \$100.00 fee