

PREPARATION FOR EGD (Upper Endoscopy)

Procedure Date: ____/____/____

Doctor: Olufemi Abiodun, MD
Ayodele Osowo, MD

Procedure Time: _____ AM / PM

Telephone Number: (817) 468-7200

****ARRIVE AN HOUR BEFORE PROCEDURE TIME**

Trinity Park Surgery Center – 3501 Matlock Road Arlington, TX 76017 (817) 375-9370

USMD Hospital – 801 W Interstate 20 Arlington, TX 76017 (817) 472-3400

Baylor Surgicare Mansfield – 280 Regency Parkway Mansfield, TX 76063 (817) 453-2744

Methodist Southlake Hospital – 421 E State Hwy 114 Southlake, TX 76092 (817) 865-4400

Baylor Medical Center at Grapevine – 1650 W College St Grapevine, TX 76051 (817) 481-1588

PREPARATION INSTRUCTIONS:

1. You will be receiving sedation for this procedure and will need to arrange for transportation to drive you to and from the facility. Your driver must be 18 years or older. An Upper Endoscopy can last anywhere from 20-35 minutes give or take but plan to be there anywhere from 2-3 hours.
2. **DO NOT eat or drink anything after midnight the night before**
3. Please take any blood pressure medication **3 hours before your procedure** with a sip of water. All other medications will wait until after your procedure.
4. The surgery center will contact you 1-2 days before your procedure to go over your medical history and medications that you take. You will be notified on what time to arrive at the surgery center. If there are any changes to the schedule you will be notified.
5. If you are on any type of blood thinning medication such as Aspirin, Plavix (Clopidogrel), Warfarin (Coumadin), Pradaxa (Dabigatran), Effient, Xarelto (Rivaroxaban), Eliquis, etc. please notify our office so that we may provide you with instructions on when to stop the above and if we need to obtain a clearance from your cardiologist prior to your procedure.
6. Dress comfortable, bring your ID and insurance card(s) and leave all jewelry at home.
7. When your endoscopy is completed you will be cared for in a recovery area until most of the effects of the medication have worn off. You will be given instructions regarding how soon you can eat and drink, plus other guidelines for resuming your normal activity. Occasionally, minor problems may persist, such as mild sore throat, bloating or cramping; these should disappear within 24 to 72 hours. Please contact our office if symptoms worsen or go to the nearest emergency room.

****IF YOU NEED TO CANCEL OR RESCHEDULE PLEASE MAKE SURE THAT IS DONE 48 HOURS BEFORE YOUR SCHEDULED PROCEDURE TO AVOID A CANCELLATION FEE of \$75.00****