



Flexible Sigmoidoscopy

What is Flexible Sigmoidoscopy

A flexible sigmoidoscopy is an exam used to evaluate the lower part of the large intestine (colon). A flexible sigmoidoscopy exam can help your doctor explore possible causes of abdominal pain, rectal bleeding, change in bowel habits, chronic diarrhea and other intestinal problems. Flexible sigmoidoscopy doesn't allow the doctor to see the entire colon. As a result, any cancers or polyps farther into the colon can't be detected with flexible sigmoidoscopy.

Procedure

You will be administered anesthesia to make you more comfortable during the procedure. During a flexible sigmoidoscopy exam, a thin, flexible tube (sigmoidoscope) is inserted into the rectum. A tiny video camera at the tip of the tube allows the doctor to view the inside of the rectum and most of the sigmoid colon — about the last two feet (61 centimeters) of the large intestine. If necessary, tissue samples (biopsies) can be taken through the scope during a flexible sigmoidoscopy exam

Preparation

- You will abide by a clear liquid diet as instructed by your physician/medical staff. Such as — plain water, broth, carbonated beverages and tea and black coffee without milk or cream. You may not be able to eat or drink anything after midnight the night before the exam.
- Regular medications are okay to take at your normal times with a small sip of water unless otherwise specified. **DO NOT TAKE:** _____
- Your physician may specify either to take a laxative the night prior to your procedure or to purchase a type of enema(s) over the counter.

Scheduling Information

Your procedure is scheduled at:

Medical Center of Arlington
3301 Matlock Road
Arlington, TX 76014

Trinity Park Surgery Center
3501 Matlock Road
Arlington, TX 76015

Please Arrive at the Main Entrance at: _____ AM / PM

Your procedure will start at: _____ AM / PM

Your Physician is:

Dr. Ayodele Osowo

Dr. Olufemi Abiodun