

EGD Preparation

Before your scheduled endoscopy there are steps that you, the patient, must take to ensure the highest level of safety and effectiveness.

**PLEASE NOTE: IF YOU MUST CHANGE OR CANCEL YOUR APPOINTMENT,
A FEE OF \$75 WILL BE ASSESSED IF NOTICE IS NOT GIVEN 24 HOURS PRIOR TO PROCEDURE**

1. Make arrangements to have someone drive you to the surgery center, stay with you during the procedure and be able to drive you home after your procedure. Endoscopy involves sedation, and you will NOT be allowed to leave unaccompanied.
2. **Nothing to eat or drink after midnight the night prior to your procedure.**
3. If you are on any blood thinners such as: Warfarin, Plavix, Coumadin (**ASPIRIN IS OKAY**) please notify our nurse at: (817) 468-7200.
4. OTHER MEDICATIONS TO AVOID:

DURING THE PROCEDURE

Everything will be done to help you be as comfortable as possible. Your blood pressure, pulse and blood oxygen level will be carefully monitored. You will be administered anesthesia unless noted otherwise.

You may also have your throat sprayed or be asked to gargle with a local anesthetic to help keep you comfortable as the endoscope is passed through. A supportive mouthpiece will be placed to help you keep your mouth open during the endoscopy. Once you are fully prepared, Dr. Abiodun will gently maneuver the endoscope into position.

As the endoscope is slowly and carefully inserted, air is introduced through it to help him see better. During the procedure, you should feel little to no pain and it will not interfere with your breathing.

Dr. Abiodun will use the endoscope to look closely for any problems that may require evaluation, diagnosis or treatment.

In some cases, it may be necessary to take a sample of tissue, called a biopsy, for later examination under the microscope. This, too, is a painless procedure. In other cases, the endoscope can be used to treat a problem such as active bleeding from an ulcer.

POSSIBLE COMPLICATIONS

Years of experience have proved that upper GI endoscopy is a safe procedure. Typically, it takes only 15 to 20 minutes to perform. Complications rarely occur. These include perforation, puncture of the intestinal wall that could require surgical repair, and bleeding, which could require transfusion. Again, these complications are unlikely.

AFTER THE PROCEDURE

When your endoscopy is completed you will be cared for in a recovery area until most of the effects of the medication have worn off.

You will be informed about the results of the procedure by Dr. Abiodun and be provided any additional information you need to know.

You will be given instructions regarding how soon you can eat and drink, plus other guidelines for resuming your normal activity. Occasionally, minor problems may persist, such as mild sore throat, bloating or cramping; these should disappear in 24 hours or less. By the time you are ready to go home, you'll feel more alert. Nevertheless, you should plan on resting for the remainder of the day. This means not driving, so you will need to have a family member or friend take you home.

GASTROENTEROLOGY PRACTICE ASSOCIATES
OLUFEMI J. ABIODUN, MD
AYODELE T. OSOWO, MD

YOUR PROCEDURE IS SCHEDULED AT:

TRINITY PARK SURGERY CENTER
3501 MATLOCK ROAD
ARLINGTON, TX 76015
(817) 375-9370

MEDICAL CENTER OF ARLINGTON
3301 MATLOCK ROAD
ARLINGTON, TX 76015
(817) 465-3241

Date of Procedure: _____ Mon Tues Wed Thurs Fri

Time: _____ AM / PM YOUR ARRIVAL TIME WILL BE AN HOUR PRIOR TO PROCEDURE

**The Center will call you the day prior to your procedure with any necessary co-pays/deductibles that will be required at time of service for the facility fees.
Please note that any co-pays/deductibles owed to the physician will be due 1 day prior to endoscopy.
If these amounts are not paid prior to the procedure you will be cancelled.**

We usually obtain your endoscopy results within 1 week and we will have a nurse call you with these results and discuss the next step. We will also mail you a copy of your report.

If you have any questions please feel free to contact our office at: (817) 468-7200.