

Gastroenterology Practice Associates**Sutab Instructions** **Colonoscopy** **Colonoscopy & EGD**

Procedure Date: _____ Procedure Time: _____ Check-in Time: _____

- Trinity Park Surgery Center: 3501 Matlock Rd. Arlington, TX 76015 P: 817-375-9370
- Baylor Surgicare at Mansfield: 280 Regency Parkway Mansfield, TX 76063 P: 817-453-2744
- Baylor Surgicare at Southlake: 905 E Southlake Blvd Southlake, TX 76092 P: 817-410-4305
- USMD at Arlington: 801 W. Interstate 20 Arlington, TX 76017 P: 817-472-3674 / P: 817-472-3460
- Methodist Southlake Hospital: 421 E State Hwy 114 Southlake, TX 76092 P: 817-865-4400 / P: 628-335-5910
- Baylor Regional Medical at Grapevine: 1650 W College St. Grapevine, TX 76051 P: 817-481-1588 / P: 817-329-2540

If you have an after-hours emergency, please call 817-468-7200 to connect to our on-call service.**The day before the procedure, you must be on clear liquids, all day.**

NO Solid Foods or Dairy products the day before your procedure. No Red, Orange or Purple liquids.

Stay Hydrated

Approved Liquids:

Water, Flavored/Carbonated	Gatorade, Powerade, G2	Black Coffee (No Dairy)
Jell-O (Yellow, Green or Plain)	Tea	Non-Carbonated Clear Drinks
Popsicles (Yellow or Green)	Carbonated Soft Drinks (Clear Only)	Strained Fruit Juices
Clear Hard Candy	Any flavor Broth/Bullion	STAY HYDRATED

Diabetic Patients:

If you are a diabetic, it is important for you to monitor your blood sugar while doing the clear, liquid diet and bowel preparation. You should only take ½ of your usual dose of insulin and avoid metformin the day before your procedure. You should not take any diabetic medications on the morning of your procedure. Please be sure to check your blood sugar at home, at all meals, at bedtime and on the morning of your procedure.

You will be receiving sedation for this procedure and will need to arrange for transportation to drive you to and from the facility. Your driver must be 18 years or older. Your procedure can last anywhere from 20-35 minutes, give or take but plan on being there anywhere from 2-3 hours.

Stop taking any Semiglutide or other forms of GLP-1 medications for a full 7 days prior to your procedure. Be sure to discuss it with your provider before stopping.

7 days prior to your procedure stop all iron supplements. Supplements that contain iron, Aspirin(Baby/Low Dose 81mg Aspirin you CAN continue), NSAIDs such as Advil, Ibuprofen, Aleve, Motrin, Naprosyn, Celebrex, and Meloxicam. You may take **TYLENOL ONLY** if needed. Stop medications that are for diarrhea (Imodium, Kaopectate, Viberzi, etc.) 7 days prior to your procedure.

You will need to temporarily discontinue blood thinning medications prior to your procedure. The length of time to stop your medication depends on the drug you are taking, and we must receive a cardiac clearance from the physician that manages that medication for you such as a cardiologist, primary care physician, vascular physician, or neurologist.

Sutab Coupon: <https://www.sutab.com/savings>**Sutab Bowel Prep Instructions: (Take 1-2 tablets, every 2 minutes with plenty of water)**

1 – First Dose: **Start at 6:00 PM** the evening before your procedure. Take 12 tablets in a 30-minute time frame with 16 oz of water. Swallow each tablet with a sip of water, until finished. Approximately 1 hour after the last pill, drink another 16 oz of water over a 30-minute time frame. 30 minutes after that, drink another 16 oz of water.

2 – Second Dose: **5 hours before your procedure.** Repeat the process shown above.

If the bowel prep is not covered at your pharmacy, please contact the office for further instruction.

DO NOT HAVE ANYTHING BY MOUTH 3 HOURS BEFORE THE PROCEDURE.If you need to cancel or reschedule, you must provide a 72-business hour notice.Failure to do so will result in a \$100.00 fee. If you have an after-hours emergency, please call 817-468-7200 to connect to our on-call service.

Procedure Fees

Please be aware that we are unable to discuss any fees other than the PHYSICIAN fee. We are not responsible for Facility, Anesthesia or Pathology quotes or charges. The patient is responsible for contacting the facility regarding their payment responsibilities prior to the procedure.

Anesthesia Company

Metropolitan Anesthesia - Phone number: 800-411-7515

Insurances that they are out of network with: BCBS (outside of Texas), Medishare Plans, WEBTPA

Please contact Metropolitan to discuss network eligibility or any payment arrangements that may need to be made prior to your scheduled procedure.

OrthoMed Anesthesia – Phone number: 469-863-9978

This company is used at USMD of Arlington. You will need to confirm your own network status prior to the procedure.

Please contact OrthoMed to discuss network eligibility or any payment arrangements that may need to be made prior to your scheduled procedure.

Please note, some facilities will utilize other anesthesia companies not listed above. You will need to contact the facility directly to find out which company is used and obtain their contact information. It is not the responsibility of Gastroenterology Practice Associates to confirm network status for the facility, anesthesia or pathology.

Pathology Company

AmeriPath – Billing phone number: 800-890-6220

AmeriPath does recommend for all patients to contact their insurance companies prior to the scheduled procedure.

Every insurance plan is different when it comes to pathology benefits. Please contact the phone number on the back of your insurance card to confirm that Ameripath is in network with your policy. At this time, we only work with Ameripath and are unable to offer any alternative options.

Gastroenterology Practice Associates

All procedure fees are due 1 week prior to the procedure and must be paid in full. We do not currently offer payment plans.

Failure to provide a 72-business hour notice to cancel or reschedule, will result in a \$100.00 fee.

To discuss the physician fee, please contact our office at 817-468-7200.

It is not the responsibility of Gastroenterology Practice Associates to confirm network status for the facility, anesthesia or pathology. Please contact them directly for any billing related questions. The only fee Gastroenterology Practice Associates can provide is an estimated pre-payment amount for your physician fee.

If you have an after-hours emergency, please call 817-468-7200 to connect to our on-call service.

Thank you,

Gastroenterology Practice Associates

301 Highlander Blvd Ste 121

Arlington, TX 76018

P: 817-468-7200

F: 817-468-7201
